

A P P R O V E D
COUNCIL ON AGING
MEETING MINUTES
March 20, 2014

Members present: Sue Culhane, Ann FitzGerald, Ingeborg Reichenbach, Richard “Dick” Phelps, Annette Bender, Mara Klein Collins, Joanne Morel

Absent, Bill Carey. Lucilia Prates,

Assoc Members, Karen Nichols, Robert Tosi Jr. Guests Elise Lopez, Jessie Arlington HS, JosieGuests invited to join COA-Dan LeClerc, Robert Pasquariello, Noreen Murphy Esq., Meg Maroney GCM, Paul Raia PHD Alzheimers Assoc. ,Jim Munsey,

1. Call to Order by Sue Culhane, Chair at 5:45 pm.
2. Citizens Open Forum-Sue C. introduced potential new members interested in joining the COA, members present and gave a brief introduction of role of members, and the 10 month commitment to meetings. Those interested were to contact Susan Carp,ED.
3. Minutes of January 16,2014 accepted with correction able to attend instead of choose to attend. NO MEETING FEB. 20,2014 due to power failure.
4. Report of Chair. Excellent article in Arlington Advocate featuring senior aged 103 living alone in Cusack Terrace. The 12 week Nutrition and Exercise Program was a great success. Jan Struyde MSW intern is working with ArlingtonHigh School seniors on the Intergenerational Program. Sue visited Friends of Arlington COA, was warmly received and gave an update on COA happenings. They requested a COA member attend meetings. SueC. and Susan Carp ED attended meeting with 4 Tenants Association Presidents for Outreach and to encourage their members to utilize programs at COA.
5. Executive Directors Report –Upcoming Events-March 27,2014 District Attorney Marion Ryan spoke on Financial Elder Abuse and scams to be followed by lunch. Save June 24,2014 for Elder Abuse Safety Task Force panel discussion and lunch funded by SIG from EOEA in collaboration with 7 agencies.
Nursing Interns are providing B/P checks at 4 sites as well as participating in 6 Learning projects vital to seniors needs.
Social Worker Programs-When the Hearse Backs Up to the Back Door- Strategies For Preparing for a Good Death has been well received with a waiting list.It attracted the attention of Dr. John Anderson Chief of Geriatrics at Mt. Auburn Hospital who would like to present a cours of lectures for seniors. The Woman’s Reflection Group has 8 members.
LGBT meetings are going well with game nite, Meditation and Mindfulness,lecture on Medicare for same sex couples.Luncheon coming soon and Clay pottery nite. Look for the LGBT welcoming statement and posters. Harry Barber has okay from FINCOM for 10 persons on to Town Meeting for financing.
Operation Able-retraining for seniors now available Mondays and Wednesdays. One worker is in Susan’s office. Again the space and confidentiality squeeze.
Senior Services-9 COA attended MMSS orientation presented by Joan Butler, Exec. Director. Aging services professionals are invited to COA staff meetings for trainings and education Thursday 1-2pm.

Newsworthy Congresswoman Katherine Clark District 5 will hold office hours the 4th Wednesday of month 10-12noon.

VOLUNTEER LUNCHEON will be held April 10, 2014 12:30- 3:00 pm.

Walk the Rink returns May 6-June 12th at Burns Arena again funded by Lahey Hospital, Friends of ARLCOA and the Recreation Dept. Let's revive Keep Moving.

Indian Luncheon April 15, 2014, Fuel Assistance end April 30, 2014, AARP tax prep ends April 10, 2014. Two programs not offered due to space issues. One grant outcome pending, it's with Fire Department on Fire Safety and Fear of Falling.

Redevelopment Board and Selectmen reviewing fee schedules for space due to numerous complaints. Suggestion made to lobby Capital Planning Committee and Selectmen for building concerns.

COA budget- 57% municipal funded salaries, EOEA state funds \$ 7-8 per 9,315 seniors, CDBG, grants Symmes, Sevoyan, Sanborn Trust, Lahey, Friends, donations cover the rest.

The Transportation Enterprise Fund (self funded) receives some municipal, CDBG (Federal) Dart, Sevoyan, Sanborn, Symmes funds. This fund is revolving and does not need to return funds to Town at end of fiscal year. More to come.

6. Reports –MMSS-9 attended orientation meeting...

COA liason to ASA-Ingeborg watercolor instructor found. Service was held for Joan Pippin.

ASA Liason to COA- Received donations for Harry and Joan P.

Joint ASA, COA – No meeting this month, resume in April.

Friends of Arl. COA- Sue C. gave update.

7. New Business- For MCOA Conference in October, "Where do we grow from Here?"

8. Unfinished Business-

a. Member recruitment in process for openings in July. Please notify Sue Culhane if resigning.

b. By-Law and Term Limit Committee formed by Sue C. met 01-27, 2014 to revise Policies and Procedures in draft form. Members are, Sue C, Ingeborg, Dick and Ann F. The role of the Associate member was not clear to committee as more work needs to be done

c. Longtime COA member Harry XP McCabe died earlier in month. It was suggested, donations be made to COA gift fund in memory of his service to seniors.

9 Adjourn- Motion made at 6:56 pm. Next Meeting , April 17, 2014

Respectfully Submitted,
Ann FitzGerald, Sec.